MISSISSIPPI STATE & SCHOOL EMPLOYEES' LIFE AND HEALTH INSURANCE PLAN



Benefit Changes for 2018

The benefit changes listed below have been approved by the State and School Employees Health Insurance Management Board <u>effective January 1, 2018</u>.

1. Prescription Drug Coverage:

The current nonpreferred brand copayment and specialty copayment of \$70 will increase to \$100 for both Select and Base Coverage.

Prescription medications are subject to the applicable deductible and the following copayment:

Retail Pharmacies				Home Delivery
Prescription Drug Type	1-30 Day Supply	31-60 Day Supply	61-90 Day Supply	90 Day Supply (or less)
Generic Drug	\$12	\$24	\$36	\$24
Preferred Brand Drug	\$45	\$90	\$135	\$90
Non-preferred Drug	\$100	\$200	\$300	N/A
Specialty	\$100	N/A	N/A	N/A

2. Coverage for Dietitian Services:

- Visit Limit Removed: The limit on the number of annual visits to a registered dietitian has been removed.
- Telemedicine Services for Registered Dietitians: Participants can now see a registered dietitian through the online provider visit benefit.
 - o Select Coverage: \$10 copayment, not subject to deductible.
 - o Base Coverage: \$10 copayment, subject to the deductible.

3. Modify Preventive Wellness Services:

The United States Preventive Services Task Force (USPSTF) recommends that adults without a history of cardiovascular disease (CVD) (i.e., symptomatic coronary artery disease or ischemic stroke) use a low to moderate dose statin for the prevention of CVD events, and mortality when all of the following criteria are met:

- They are ages 40 to 75 years;
- They have one or more CVD risk factors (i.e., dyslipidemia, diabetes, hypertension or smoking); and
- They have a calculated 10-year risk of a cardiovascular event of 10 percent or greater.

The Plan will provide 100 percent coverage for a generic statin (Lovastatin) to comply with the ACA-mandated coverage.